

## Useful Websites - Eating disorders

*(information from the Schools Eating Disorders Conference in February 2017)*

Managed Clinical Network for Eating Disorders – North Scotland

[www.eatingdisorder.nhsgrampian.org](http://www.eatingdisorder.nhsgrampian.org)

North East Eating Disorders Support Group

[www.needs-scotland.org](http://www.needs-scotland.org)

Scottish Eating Disorders Interest Group

[www.sedig.co.uk](http://www.sedig.co.uk)

UK – Eating Disorders Charity

[www.b-eat.co.uk](http://www.b-eat.co.uk)

Youth Health Talk

[www.healthtalk.org/young-peoples-experiences/eating-disorders/topics](http://www.healthtalk.org/young-peoples-experiences/eating-disorders/topics)

Anorexia and Bulimia Care

[www.anorexiabulimiare.org.uk](http://www.anorexiabulimiare.org.uk)

Something Fishy

[www.something-fishy.org](http://www.something-fishy.org)

Men Get Eating Disorders Too

[www.mengetedstoo.co.uk](http://www.mengetedstoo.co.uk)

MindEd resources on children and young people's mental health

[www.minded.org.uk](http://www.minded.org.uk)

Dove Self Esteem Project

[www.dove.com/uk/dove-self-esteem-project.html](http://www.dove.com/uk/dove-self-esteem-project.html)

Film Clip – youtube Skin Deep || Eating Disorders

[www.youtube.com/watch?v=AmGZ4gJsXDM](http://www.youtube.com/watch?v=AmGZ4gJsXDM)

Phone app for calculating weight for height in Adolescents – useful tool

[www.instantweightforheight.com](http://www.instantweightforheight.com)